



HAPPY NEW YEAR PANTHER FAMILIES

Tobyhanna Elementary Center

PANTHER PRESS

NEWSLETTER



Electronic copy via e-mail /
pmsd.org will have clickable links
 for your convenience.

PUBLISHED MONTHLY FOR
 STUDENTS, PARENTS AND
 TEACHERS

JANUARY 2020

SAVE THE DATE

On **May 16th, 2020** the TEC PTO will host our 11th Annual Tricky Tray at TEC! Each year this fundraiser proves to be our most successful and we are always looking for some new ideas as well as some helping hands. Efforts for gathering donations have already begun and we invite anyone interested in donating or sponsoring a basket to reach out to us at tecpto1@gmail.com please. If you are available to help setup tables, wrap baskets, distribute flyers or even provide baked goods / serve food the day of the event we would appreciate the help. Do you have a local business that you think would be eager to contribute towards our Tricky Tray and want us to add to our list? Please reach out! We appreciate all the support our community and families are willing to provide and thank you in advance for such. -PTO

KINDERGARTEN FEAST

The Kindergarten classes joined together for an annual mini feast to celebrate the Harvest time and all that they are thankful for. In preparation for the event, they read stories about the first Thanksgiving and made special place mats.

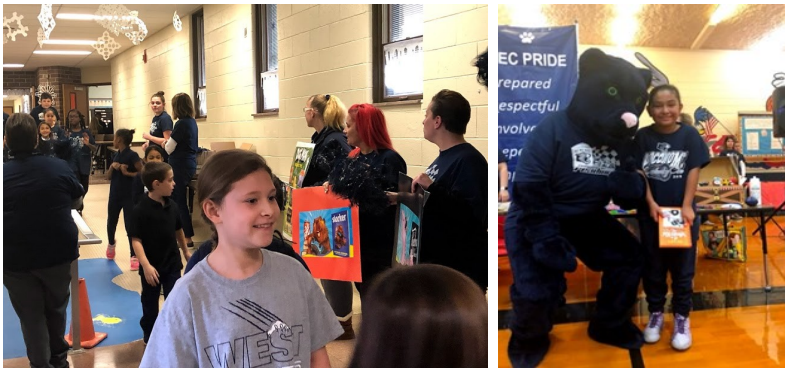
They also demonstrated their patterning skills by making Native American headbands and necklaces. Along with their Native American dress, they made Pilgrim hats and bonnets. The children also shared their favorite family Thanksgiving recipes from home and compiled class Thanksgiving Recipe Books to take home and share with their families. They

created class turkeys in which each of the children contributed a feather on which they wrote and drew a picture of something they were thankful for. The children decided they had a lot to be thankful for and a good time was had by all at their celebration of fun and friendship. All healthy snacks and supplies for our feast were donated by our very generous Kindergarten families. We wish to offer a heartfelt thanks to all the parents who contributed to our feast and those who

were there to help out that day, making our activity such a success. *We are extremely thankful for you all!!*



Racers. Start .. your READING!!



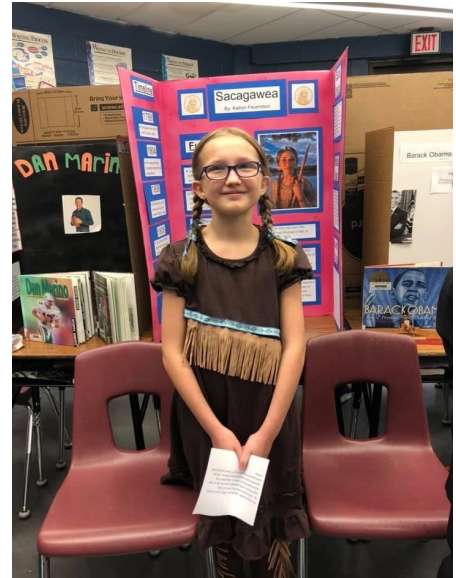
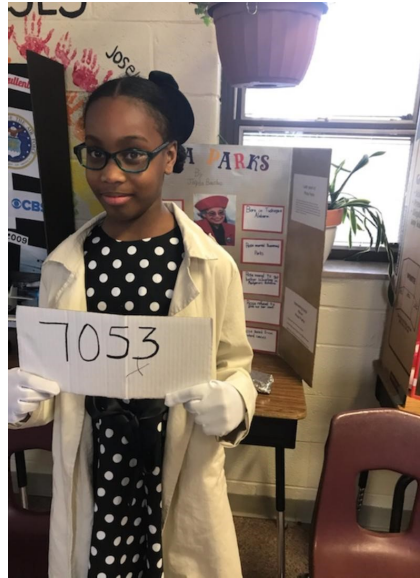
This year's Reading Week had everyone *revved* up for reading! Every day was full of engaging activities to celebrate reading. "Tricky", from Pocono Raceway, helped start the week off with a visit to our school. Every morning began with a special mystery reader. Our wonderful guests disguised their voices to make guessing their identity extra challenging. We stopped, dropped and read because we are never too busy to read! Mary Poppins also popped in for a visit and to read to us. Last, we raced down to the gym for our Reading Rally. It was a fun filled time with lots of games and prizes.

The Reading Rally was a blast!

5th Grade Wampum Belts

We are currently studying the Eastern Woodland Tribes and as part of our unit students designed and made their own Wampum belts. The belts were used by the Eastern Woodland Tribe for many reasons. The belts were used as an offering to someone who has lost a loved one, or as an invitation to Peace talks among the tribes. The students enjoyed trying their hand with a thread and needle as they created their belts.





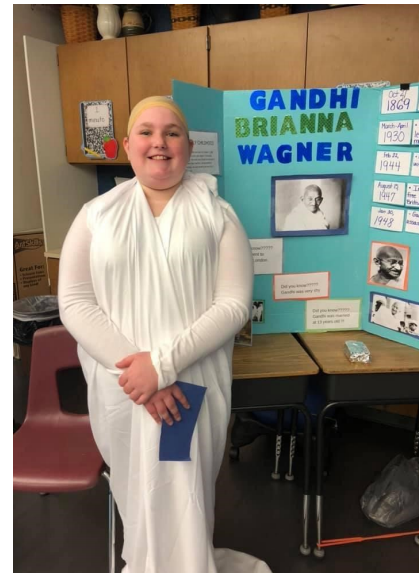
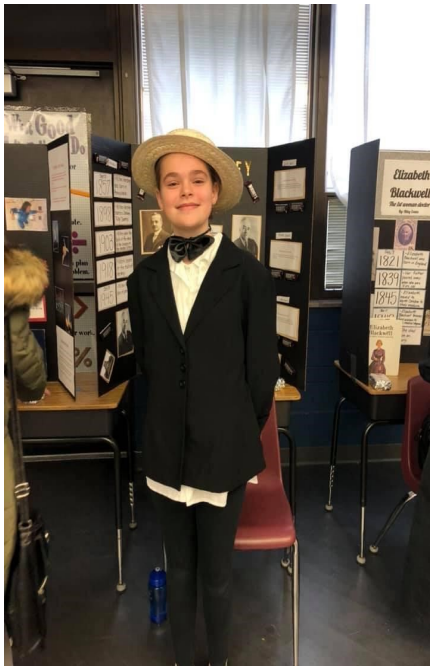
Bringing History to Life

The 5th graders at TEC presented a live wax museum to the school on December 14th. Each student began by reading a biography or autobiography of a famous person. They then created a trifold poster sharing the person's beginning, middle and later years. There was also a timeline of the figure's life and some photos. The students then dressed in character.

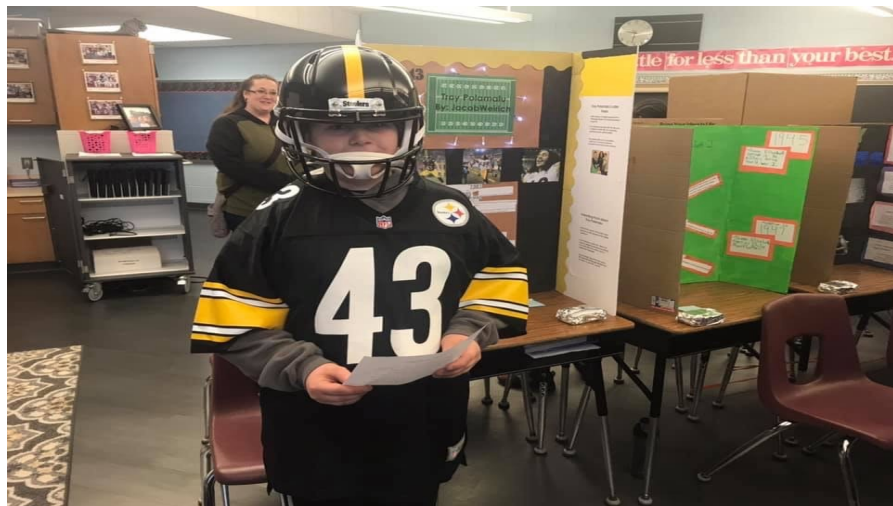
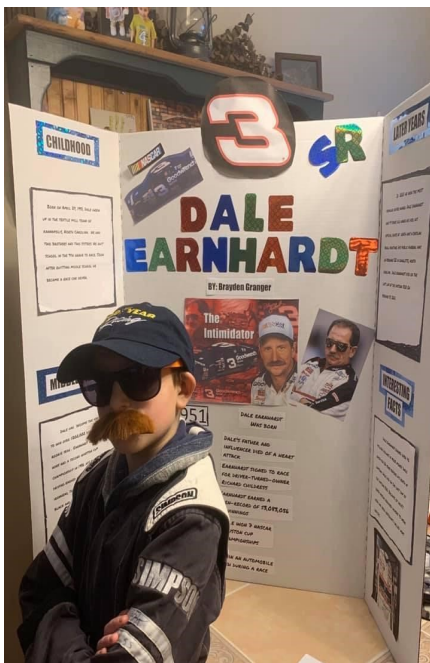
On the big day, the wax museum was opened to students from all grade levels, teachers, and 5th grade parents. As the audiences walked through the hallway and classrooms, they pushed a button which brought the characters to life. The characters would then give their presentation.

Included in the cast of characters were presidents, explorers, musicians, entertainers, authors, and many other great representatives of our world. The 5th graders enjoyed this project very much not to mention the learning that took place. Many compliments were given to the students by other classes, teachers, and parents!! Great job, 5th grade!!

(Continued on next page)



Bringing History to Life (Cont.)



HOLIDAY SHOP



A HUGE “thank you” to everyone who volunteered their time and donated to make our holiday shop possible! The students loved being able to pick out gifts for their families!



REPTILES GALORE!

Mrs. Aulio's third grade science classes got a visit from some scaly friends! A special thanks to Daylen Conde's family, who brought in their extensive collection of reptiles since the students were learning about this animal group. From snakes to a bearded dragon, the students loved feeling them, viewing them, and learning all about them. Vanessa and Robert Conde's family owned business started as a project and has grown into a passion. It is their hope that they can spread the love and learning of these animals with other families.

Check them out at:

[Instagram.com/
predators.and.prey](https://www.instagram.com/predators.and.prey)

[Facebook.com/
predatorsandprey](https://www.facebook.com/predatorsandprey)



“Sip & Paint Snowmen”

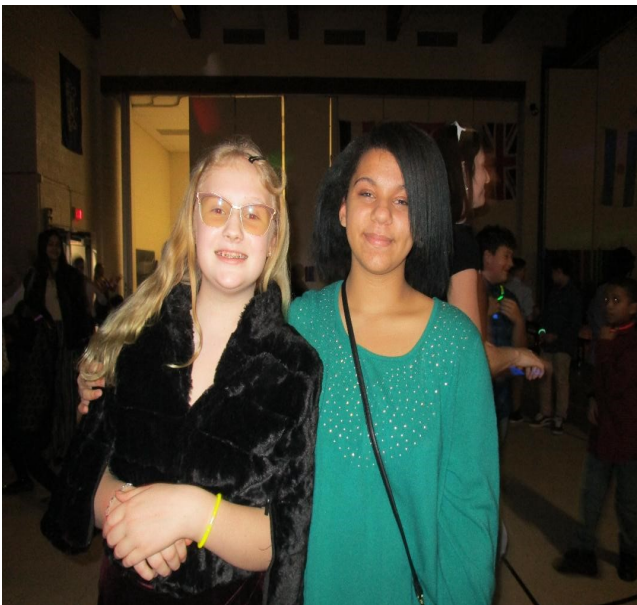
During the sixth grade recognition time, students participated in a “Sip and Paint” activity. The students were very excited at the prospect of getting a chance to paint the snowmen. While sipping some refreshing lemonade, students painted snowmen faces, each with their own little flair. Chatter and smiles were plentiful during a little downtime on a Friday afternoon. Stay tuned for our springtime sip and paint activity....



“Winter Dance” for the Sixth Grade



Thanks to the wonderful [TEC PTO](#), the sixth grade danced the afternoon away at a “Glow Dance” party. DJ Krazy Ken spun the tunes while the students showed off their crazy dance skills. Light refreshments were served with a glow theme and a fun photo booth was also available for the students to enjoy being silly with their friends. It was a great afternoon of indoor winter fun!



Crazy Sweater Contest WINNERS 2019!



Kindergarten: Logan Wiersma and Charlee Rios
1st Grade: Michael Valenti and Sophia Tsikhinia
2nd Grade: Will Fanny and Madison Verderosa
3rd Grade: Jasper Pohl and Annabel Mehnert
4th Grade: Scott Smith and Payton Mackes
5th Grade: Nico Cook and Audrey Welton
6th Grade: Audrey Colyer and Chanel Bayton

Notes from our Nurse

Christine Meyer, MSN, CRNP,CSN

Eye Health and Learning

According to Bausch (2011) one out of five children has some kind of vision problem. Although students with vision problems are often identified in school screenings, traditionally there has been a lack of follow-up (Bausch 2011). Because vision can affect learning, it is important for students who have difficulty with the school vision screening to follow-up with the eye doctor.

There are some challenges for families when it comes to vision care. Parent's scheduling conflicts can make it difficult to get an appointment. Other barriers include lack of insurance, students' refusal to wear glasses, and forgetting or misplacing glasses. Since untreated vision problems are associated with learning deficits, we need to work together to ensure that students' who need glasses receive them, and most of all, wear them in school when needed (Ethan 2010). Some symptoms that may suggest a visit to the eye doctor is needed include:

Recurrent headaches
Frequent eye rubbing
Squinting
Unexplained drop in school performance

Please contact the health office if you need any assistance with vision care.

Some Fun Facts:

When glasses were first invented they had to be balanced on the nose.

In 1452 people started to read more due to the invention of the printing press. This is when glasses were first mass produced.

In 1728 ear pieces were added to glasses.
(Our first hands-free technology)

From 1930 to today, celebrities made wearing glasses a fashion statement. Like clothes, glasses are always being updated to stay in fashion.

Notes from our Nurse

Christine Meyer, MSN, CRNP,CSN

Nutrition for Eye Health

Eating foods with vitamins A,C,D,E and Zinc, as well as omega 3 fatty acids and flavonoids are great for your eyes. Not sure what foods to eat? Check out the chart below and enjoy!



Avocado



Broccoli

10



Carrots



Strawberry

SUPERFOODS FOR KIDS' EYE SIGHT



Blueberries



Salmon

<http://themonviews.com>



Spinach



Sweet Potatoes



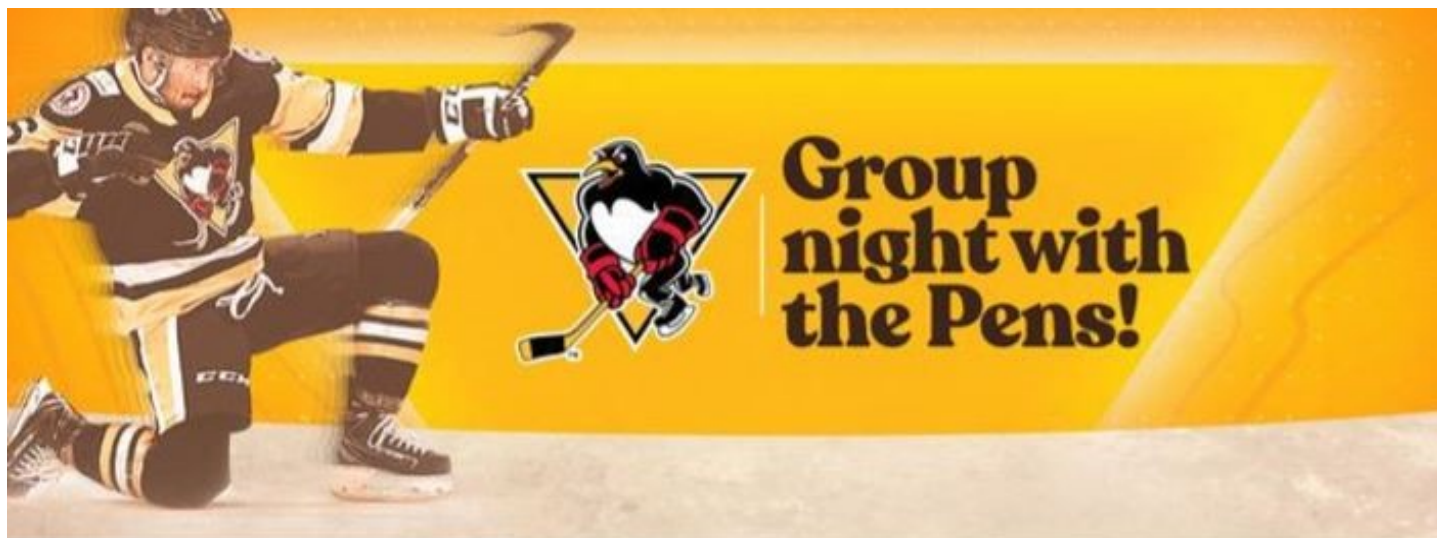
Capsicum



Eggs

Basch, C. E. (2011). *Vision and the Achievement Gap Among Urban Minority Youth*. *Journal of School Health*, 81(10), 599-605 7p. doi:10.1111/j.1746-1561.2011.00633.x

Ethan, D., Basch, C., Platt, R., Bogen, E., & Zybert, P. (2010). *Implementing and evaluating a school-based program to improve childhood vision*. *Journal of School Health*, 80(7), 340-345 6p. doi:10.1111/j.1746-1561.2010.00511.



Tobyhanna Elementary Center PTO

PENGUINS vs. SOUND TIGERS

Saturday, February 1st, 2020 - 7:05 PM

Join Tobyhanna Elementary Center PTO for a fun night out as the Penguins battle the Sound Tigers! \$4 from each ticket purchased goes back to Tobyhanna Elementary Center PTO as a donation from the Penguins!

Pricing: Red Zone: \$23.25

Food voucher available for \$3.00 additional (hot dog, chips, drink)

All **PAID** tickets generate a \$4 donation back to *Tobyhanna Elementary Center PTO*

Please return orders no later than January 20th:

WBS Penguins | Dave Zydko | 40 Coal St | Wilkes-Barre, PA 18702
or call Dave Zydko at (570) 208-5415 or e-mail dzydko@wbspenguins.com

NAME: _____ ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

OF TICKETS: _____ ZONE: _____ TOTAL \$ _____

CREDIT CARD: _____ EXP: _____ DELIVERY: WILL CALL (NO FEE) OR MAIL (\$1.00)

CHECK NUMBER: _____ (MAKE CHECKS PAYABLE TO WBS PENGUINS)


panther press word search

FIND THE WORDS HIDDEN BELOW!

P O S J Z Y X E X X T T W Q C R K P S X
 B A N S Q Z L N D V V G R O D E D S C Q
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 Y R B T I C X T N V E A T J A U N S E H
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 R A I D M E X R M Z Q G T E D M D H C P
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ART
 BUS
 CLASS
 COMPUTER
 DRAW
 GYM
 HOLIDAY
 LUNCH
 MATH
 MUSIC
 NEWSLETTER
 PANTHER
 PRINCIPLE
 READ
 RECESS
 SCIENCE
 STUDENT
 TEACHER
 WINTER
 WRITE

January 2020

sunday	monday	tuesday	wednesday	thursday	friday	saturday
			1 New Year's Day No School	2 Back to school!	3	4
5	6 Join Shoparoo : hassle free school fundraising	7 Compliment a friend today and make them smile!	8 PMSD School Games	9	10 Box tops for education app	11
12	13 PTO Meeting 9:30 am in the TEC cafeteria	14 Frozen Play 7:00 pm	15	16	17 Last day for February newsletter submissions.	18
19	20 Martin Luther King Holiday - No School	21	22 Today is a good day to sign up for the Tricky Tray!	23 End of 2nd Marking Period	24 Dress down day! Donations collected for AWSOM	25
26	27	28 Make a friend smile today!	29	30	31	